

Physical Education



LKS2 Autumn 1 A Embedded value: Honesty	Sport: Unihoc (Games)	National Curriculum reference												
	Key vocabulary: <table border="1"> <tr> <td>Dribble</td> <td>To travel with the puck using your stick to keep it under control.</td> <td>Hit</td> <td>To strike the puck hard, holding the stick with both hands close to the top.</td> </tr> <tr> <td>Puck</td> <td>A small, circular object with a flat top and bottom used in Unihoc.</td> <td>Attack</td> <td>To move forwards towards the opposition goal in order to score a goal.</td> </tr> <tr> <td>Low block</td> <td>To place your stick in an almost horizontal position to stop and control the puck.</td> <td>Defend</td> <td>To run back towards your own goal in order to stop or block the opposition team from scoring a goal.</td> </tr> </table>	Dribble	To travel with the puck using your stick to keep it under control.	Hit	To strike the puck hard, holding the stick with both hands close to the top.	Puck	A small, circular object with a flat top and bottom used in Unihoc.	Attack	To move forwards towards the opposition goal in order to score a goal.	Low block	To place your stick in an almost horizontal position to stop and control the puck.	Defend	To run back towards your own goal in order to stop or block the opposition team from scoring a goal.	Children should: <ul style="list-style-type: none"> play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending compare their performances with previous ones and demonstrate improvement to achieve their personal best children should develop technique, control and balance when travelling with the ball, as well as when shooting or passing to a teammate
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What we want children to know:														
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