

## Good Lookin Cookin...01522 500779 - Hot School Meal Menu

We work closely with local suppliers and use as much fresh Lincolnshire produce as possible. We use Farm Assured British meats and can guarantee traceability. Our sausages and burgers are made using quality ingredients by our local butcher. All our fish is MSC assured. Our fresh vegetables come from Maxey's farm shop. In addition to the meal we send freshly baked wholemeal bread from our local bakers, organic fruit yoghurts and fresh fruit or a fruit platter. We also have introduced a fresh crunchy vegetable platter to accompany some of our meals. We use tri coloured pasta. Our traditional sponges, cakes and crumbles are freshly made using wholemeal flour.

### Record of School meals for week beginning 13<sup>th</sup> March



#### Monday 13<sup>th</sup> March

- H Breaded chicken fillet served with a mini potato rosti and sweetcorn cobette
  - V Vegetable kiev served with a mini potato rosti and sweetcorn cobette
- Chocolate sponge served with strawberry sauce or fruit yoghurt/fresh fruit*

#### Tuesday 14<sup>th</sup> March

- H Roast beef served with seasonal vegetables, roast potatoes and gravy
  - V Quorn fillet served with seasonal vegetables, roast potatoes and gravy
- Homemade honey and apricot flapjack served with a melon slice or fruit yoghurt/fresh fruit*



#### Wednesday 15<sup>th</sup> March

- H Beef bolognaise pasta bake (topped with cheese) served with crusty bread and side salad
  - V Macaroni cheese served with crusty bread and side salad
- Fruit jelly served with cream or fruit yoghurt/fresh fruit*

#### Thursday 17<sup>th</sup> March

- H Msc fillet of fish served with diced potatoes and baked beans
  - V Lincolnshire Jacket potato served with cheese and baked beans
- Orange drizzle cake served with custard or fruit yoghurt/fresh fruit*



#### Friday 18<sup>th</sup> March – Sports Relief

- H Sprinting sausage casserole served with Marathon mashed potato and Pentathlon garden peas
  - V Shot put Quorn sausages served with Marathon mashed potato and Pentathlon garden peas
- Sports relief muffin or fruit yoghurt/fresh fruit*

**All meals cost.....£2.30...(REC,YR1 AND YR2 FREE MEALS)**

Please include payment (cash or cheque) made payable to Good Lookin Cookin

**PLEASE NOTE ALL ALLERGEN INFORMATION IS AVAILABLE ON OUR WEB SITE**

[WWW.GOODLOOKINCOOKIN.CO.UK](http://WWW.GOODLOOKINCOOKIN.CO.UK)

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### Record of School meals for week beginning 27<sup>th</sup> March

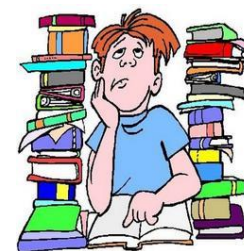
#### Monday 27<sup>th</sup> March

- H Pork meatballs served in a rustic tomato sauce with pasta twists and side salad
  - V Quorn meatballs served in a rustic tomato sauce with pasta twists and side salad
- Cherry crumble served with Ice cream or fruit yoghurt/fresh fruit*



#### Tuesday 28<sup>th</sup> March

- H Breaded chicken fillet served in a roll with coleslaw and side salad
  - V Potato long boat topped with quorn chilli and cheese served with a side salad
- Chocolate and pear sponge served with chocolate sauce or fruit yoghurt/fresh fruit*



#### Wednesday 29<sup>th</sup> March

- H Roast turkey served with stuffing, roast potatoes, seasonal vegetables and gravy
  - V Quorn fillet served with roast potatoes, seasonal vegetables and gravy
- Fruit jelly and cream or fruit yoghurt/fresh fruit*

#### Thursday 30<sup>th</sup> March

- H Homemade beef lasagne served with coleslaw and crusty bread
  - V Vegetable lasagne served with coleslaw and crusty bread
- Ginger bread bunny biscuit or fruit yoghurt/fresh fruit*

#### Friday 31<sup>st</sup> March

- H Salmon nuggets served with herby diced potatoes, garden peas and ketchup
  - V Lincolnshire jacket potato served with cheese and side salad
- Easter chocolate nests or fruit yoghurt/fresh fruit*



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